



Resource list



SUBSTANCE ABUSE AND MENTAL
HEALTH SERVICES ADMINISTRATION

[HTTP://WWW.SAMHSA.GOV](http://www.samhsa.gov)



EDUCATION & RESEARCH AT
NYU LANGONE HEALTH

[HTTPS://MED.NYU.EDU/](https://med.nyu.edu/)



SELF IMPROVEMENT RESOURCES

[WWW.SELFGROWTH.COM](http://www.selfgrowth.com)

**For more information, please email:
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